

Instructions for Authors

1. Submission of Manuscripts

INDUSTRIAL HEALTH is a peer-reviewed and Open Access journal publishing original articles, review articles, short communications, case reports, field reports, and country reports describing scientific research in the fields of occupational health and safety. Case Reports should describe a single case or small series of experiences that is relevant to occupational health and safety. Field Reports should show research findings related to occupational health and safety in worksites. Country Reports should cover the status of occupational health and safety in any given country, city, or geographic area. The journal also accepts letters to the editor, book reviews, research strategy reports, etc. All manuscripts must be written in English and be submitted solely to this journal. Violation of research and publication ethics imposes sanctions to authors according to its severity and formal notice to authors' institutions. No page charges will be levied against authors.

To expedite the review process, authors are encouraged to submit their manuscripts to: <https://mc.manuscriptcentral.com/indhealth>. Do NOT send your manuscript by e-mail. Receipt of all manuscripts will be acknowledged. A manuscript identification number will be assigned. Please use this number for all correspondence with the journal.

2. Arrangement and Style of Manuscripts

Manuscripts should be double-spaced A4 size (ca. 21 cm × 29 cm) with normal margins throughout. Number all pages beginning with the title page. Manuscripts should be arranged in the following order:

Title page containing the article type (review, original, etc.); complete title of the article; names, affiliations and addresses of all authors; mailing address, telephone number, fax number and e-mail address for correspondence; and a short running title of no more than 55 characters including spaces. Use full capitalization in the author's family name and running title. Use initial capitalization except for articles, prepositions and conjunctions in all other places.

Abstract (unstructured) should precede the text and not exceed 200 words.

Key words should be supplied as five to eight words that will adequately index the subject matter must be shown after the abstract.

Text should generally be subdivided into INTRODUCTION, SUBJECTS AND METHODS, RESULTS, DISCUSSION and REFERENCES. But variations may be acceptable if useful. Use the following units and common abbreviations: km, m, cm, mm, µm, Å, nm, kg, g, mg, µg, l (liter), ml (milliliter), µl (microliter), kV, eV, yr (year), wk (week), d (day), h (hour), min (minute), s (second), ms (millisecond), µs (microsecond), ppm (parts per million), °C (centigrade), SD (standard deviation), SE (standard error), CV (coefficient of variation), po (per os), sc (subcutaneous), ip (intraperitoneal), and iv (intravenous). In the right margin of the manuscript, indicate the approximate location where tables and figures are to be inserted.

Tables should be placed on separate pages and numbered in the order they appear in the text using Arabic numerals (e.g., Table 3). Each table should be comprehensible without reference to the text. A table title written in small letters except the first letter should be included above each table.

Figures (illustrations and photographs) should be prepared on separate pages and numbered with Arabic numerals (e.g., Fig. 3). All figure titles and legends should be typed together on a separate sheet. Artwork and photographs should be camera ready for direct photoreproduction.

References should be cited in the manuscript by superscript Arabic numerals in right parenthesis (e.g., ¹, ^{2,3} or ³⁻⁵) and numbered in order of citation. As exemplified below, **Journal references** should show names of all authors cited, year of publication, title of article, name of journal, volume number, and pages. Journal abbreviations should follow Index

Medicus. **Book references** should include names of authors or editors, year of publication, title, edition (if other than first), page(s), publisher, and place of publication. **Electronic Source Materials** should indicate title of materials/work, a uniform resource locator (URL), and date accessed.

- 1) Ono-Ogasawara M, Furuse M, Matsumura Y, Yokota K (1992) Determination of diborane by adsorption sampling using modified silica gel and the chromotropic acid-HPLC method. *Ind Health* **30**, 35–45.
- 2) McIlwain H, Bachelard HS (1971) *Biochemistry and the central nervous system*, 4th Ed., 171, Churchill Livingstone, Edinburgh.
- 3) Burrell R (1975) Immunology of occupational lung diseases. In: *Occupational lung diseases*, Morgan WKC and Seaton A (Eds.), 65–79, WB Saunders, Philadelphia.
- 4) Japan Ministry of Health, Labour and Welfare. Final Report of Monthly Labour Survey March 2006. <http://www.mhlw.go.jp/english/database/db-1/18/1803fr/mk1803re.html>. Accessed May 29, 2006.

Short Communications are not to exceed four printed pages, including figures, tables and references. One printed page is approximately equivalent to three double-spaced typewritten pages. It is advised that the manuscript is presented in a continuous style without subdivision and with no more than 3 figures and/or tables and no more than 15 references. The abstract should comprise less than 150 words. For other arrangements, follow the instructions for a full text as exemplified above.

Letters to the Editor are generally printed within one page and must not exceed two printed pages.

Further details on the preparation of manuscripts are set forth in the document “*Uniform Requirements of Manuscripts Submitted to Biomedical Journals*” prepared by the International Steering Committee of Medical Editors [see *N Engl J Med* (1991) 324, 424–8/*Br Med J* (1991) 302, 338–41].

3. Ethics

Human studies should conform with the Recommendations from the Declaration of Helsinki (1983). All manuscripts describing experiments on human subjects should include a statement that informed consent was obtained from each subject and the appropriately constituted ethics committees where the work was done, approved the experiments.

Animal studies should be conducted in accordance with the authors' institutional guidelines. All manuscripts describing experiments on animals should include a statement that the institutional review board on animal research approved the experiments.

4. Proofs

Authors will receive proofs for correction once. Only minor alterations of the accepted manuscript will be allowed. Authors will receive a PDF of their article.

5. Copyright and Open Access

INDUSTRIAL HEALTH is fully Open Access and uses a Creative Commons (CC) license, which allows for the non-commercial use and reuse of material published in the journal without charge or the need to ask prior permission from the publisher or author. More details on the CC licenses are below.

Copyright and Licensing

Authors are required to assign all copyrights in the work to the National Institute of Occupational Safety and Health, Japan, who then publish the work under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International (CC BY-NC-ND 4.0) license (<https://creativecommons.org/licenses/by-nc-nd/4.0/deed.en>). This license allows users to share unmodified articles, non-commercially, as long as appropriate credit is given. This copyright covers stipulations in the Copyright Law of Japan.

Styles for Industrial Health

Before submitting your final manuscript, please make sure that it is in accordance with the style of Industrial Health by referring to the following points.

■ Title of article

Capitalize only the beginning of sentences (except for proper nouns)

OK) Influence on health conditions between daytime workers and shift system workers in Tokyo

NG) Influence on Health Conditions Between Daytime Workers and Shift System Workers in Tokyo

■ Running Title

All uppercase. Up to 55 characters, including spaces

Edit this running title in the header section on the page to the right.

This is not required for editorial papers.

■ Name of author and co-author(s)

Capitalize family names.

OK) Taro YAMADA, Makoto SUZUKI, Kathy BENETTE and Anita WILSON

NG) Taro Yamada, Makoto Suzuki, Sofia Benette and Anita Willson

■ Affiliation information of authors and co-authors

Indicate their affiliation and country name. No address is required.

OK) Centre of Public Health Informatics, National institute of Public Health, Japan

NG) Centre of Public Health Informatics, National institute of Public Health, 6-21-1 Nagao, Tana-ku, Kawasaki

■ Abstract

200 words or less

150 words or less for Short Communications

Arrange in single paragraphs, without line breaks.

■ Key words

5 to 8

The first letter of every keyword must be capitalized.

OK) Occupational health, Length of hospital stay, Promotion of health, Employment support

NG) Occupational health, length of hospital stay, promotion of health, employment support

NG) Occupational Health, Length of Hospital Stay, Promotion of Health, Employment Support

■ Table

Please provide Word data whenever possible. If you provide us with an image, we will not be able to amend the font or text size.

Name as Table 1, 2, 3, etc. Refer to these as Table 1, 2, and 3 in the main text as well.

Create in APA format: <https://apastyle.apa.org/style-grammar-guidelines/tables-figures/tables>

Basically, vertical lines and borders cannot be designated. "Do not use vertical borders to separate data, and do not use borders around every cell in a table."

■ Fig.

For text information, please provide Word data and for images, please provide high-resolution images in jpg, tif, or other formats.

Name as Fig. 1, Fig. 2, Fig. 3, etc. Refer to these as Fig. 1, 2, and 3 in the main text as well.

OK) The detailed evidence is shown in Fig. 1.

NG) The detailed evidence is shown in Figure 1.

■ Position of periods and commas

Basically, please place periods outside the double quotation marks.

OK) "~ not like that anymore".

NG) "~ not like that anymore."

OK) ~ "around the domestic community"².

NG) ~ "around the domestic community".²

■ Latin Phrases

Examples for italicization and commas

OK) *et al.*

OK) *in-vivo*

OK) *in-vitro*

OK) *t-test*

OK) i.e.

OK) component (e.g., in-person cultural events, etc.)

NG) component (e.g. in-person cultural events, etc.)

■ Editing Product Information

The following information must be edited after the product name for the first mention only

- Manufacturer, city, prefecture, country

OK) For proving this data we used YAMAHA SWX3220-16TMs (Yamaha Corporation, Hamamatsu, Shizuoka, Japan).

NG) For proving this data we used YAMAHA SWX3220-16TMs.

■ References

Please be aware that there are many References that do not follow the formatting rules of Industrial Health.

Common

- Italics are not used.
- The Reference# must be established in the paper in all cases.
- Edit your paper so that the Reference# appears in order of ascending number.
- Ensure not to duplicate references of the same information in the References section.
- If the reference is not in English, you must specify the language. Example: (in Japanese) (in Korean) (in German) (in Italian)
- If the reference title is in a non-alphabetic language such as Japanese, Chinese, or Korean, translate it into English as appropriate.
- If the reference is in an alphabetic language, it can be worded as is.
- Do not use *et al.* All authors must be listed.

Journals

- Information to edit: author name, year of publication, title of paper, journal abbreviation, volume number, page number(s). Indicate the language if necessary
- Only the first word of the title of the paper and proper nouns should be capitalized, nor should it be italicized.
- The journal "Volume" is written in bold.
- The journal "Issue" is not required.

You can look up journal abbreviations at <https://www.ncbi.nlm.nih.gov/nlmcatalog/journals/>, for example.

Alternatively, you can search online for the “(official journal name)” abbreviation and find it relatively easily.

- The number of pages is indicated by the latter digits only if it differs from the former digits. Example: Pages 128–135 would be labeled 128–35.

- The symbol between the page numbers is a long horizontal dash; –. This should not be a hyphen; -.

- The use of DOI# is unnecessary.

- OK) Ono-Ogasawara M, Furuse M, Matsumura Y, Yokota K (1992) Determination of diborane by adsorption sampling using modified silica gel and the chromotropic Acid-HPLC method. *Ind Health* **30**, 121–31.
- NG) Ono-Ogasawara M, Furuse M, Matsumura Y, Yokota K (1992) Determination of Diborane by Adsorption Sampling Using Modified Silica Gel and the Chromotropic Acid-HPLC method. *Industrial Health* **30** (3), 121–131.
- NG) Ono-Ogasawara M, Furuse M, Matsumura Y, Yokota K (1992) Determination of diborane by adsorption sampling using modified silica gel and the chromotropic Acid-HPLC method. *Ind Health* **30**, 121-31.

The following is an example from a Japanese journal

OK) Suzuki M, Takata M (2020) Aleep apnea syndrome and insomnia. *NEJM* **12**, 63–9. (in Japanese)

NG) Suzuki M, Takata M (2020) Aleep apnea syndrome and insomnia. *NEJM* **12**, 63–9.

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- OK) Scarano A, Inchingolo F, and Lorusso F (2020) Facial skin temperature and discomfort when wearing protective face masks: Thermal infrared imaging evaluation and hands moving the mask. *Int J Environ Res Public Health*
- NG) Scarano A, Inchingolo F, and Lorusso F, (2020). Facial Skin Temperature and Discomfort When Wearing Protective Face Masks: Thermal Infrared Imaging Evaluation and Hands Moving the Mask. *Int. J. Environ. Res. Public Health* **17**, 4624.

Website

- Information to edit: website name, author, etc., title, URL, access date

- The access date is essential.

- OK) Japan Ministry of Health, Labour and Welfare. Final Report of Monthly Labour Survey March 2006. <http://www.mhlw.go.jp/english/database/db-l/18/1803fr/mk1803re.html>. Accessed May 29, 2006

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OK) Cabinet Secretariat. Effort against COVID-19. <https://corona.go.jp/>. Accessed August 20, 2021 (in Japanese)

NG) Cabinet Secretariat. Effort against COVID-19. URL: <https://corona.go.jp/>. Accessed August 20, 2021

NG) Cabinet Secretariat. Effort against COVID-19. <https://corona.go.jp/>. Accessed August 20, 2021

NG) Cabinet Secretariat. Effort against COVID-19. <https://corona.go.jp/>.

Books

- Information to edit: author's name, editor's name, etc., year of publication, title, edition number (only if not first edition), publisher, place of publication

- If necessary, please specify the page number(s).

- If you are referring to the entire book, you do not need to state a page number.

- OK) Burrell R (1975) Immunology of occupational lung diseases. In: Occupational lung diseases, Morgan WKC and Seaton A (Eds.), 65–79, WB Saunders, Philadelphia.
- OK) Joyce E. Dains, Linda Ciofu Baumann, Pamela Scheibel (2019) Advanced health assessment & clinical diagnosis in primary care (6th Ed.) Mosby, Missouri.

The following is an example from a Japanese journal

OK) The Japanese Orthopaedic Association (2019) The Japanese Orthopaedic Association clinical practice guideline for management of low back pain, Nanodo, Tokyo (in Japanese).

Sample 1

Note: Basically Industrial Health supports APA format for tables.

<https://apastyle.apa.org/style-grammar-guidelines/tables-figures/tables>

Table 1. Average length of postlital stay between 1990s and 2020s

Major classification	1990s			2020s		
	n	days	%	n	days	%
Infection	1,236	5	0.2	876	3	3.0
Immune diseases	17,456	12	12.5	10,112	10	11.1
Behavioral disorders	23	20	15.0	18	19	13.2
Nervous system disorders	103	56	23.4	560	58	23.1
Hearing disorders	67	8	0.7	127	5	1.6
Cardiovascular disorders	36	52	1.2	123	27	2.4
Rasiratory disorders	87	14	13.6	347	9	26.0
Skin deseases	23,561	2	0.1	10,451	1	0.1
snip						
Congenital malformations	12	3	0.1	11	4	0.1

Sample 2

Reference for journals

Journal abbreviations should follow Index Medicus. OK) Int J Biometeorol, NG) International Journal of Biometeorology

For pages, please leave out the same digit in the latter number as the former number. OK) 365–75, NG) 365–375

Names of all authors cited, year of publication, title of article, abbreviated name of journal, volume number, and pages

1) Mert E, Psikyta A, Bueno MA, Rossi RM (2017) The effect of body postures on the distribution of air gap thickness and contact area. Int J Biometeorol **60**, 365–75.

Reference for books

For pages, please leave out the same digit in the latter number as the former number. OK) 365–75, NG) 365–375, OK) 65–79

References should include names of authors or editors, year of publication, title, edition (if other than first), page(s), publisher, and place of publication.

2) McIlwain H, Bachelard HS (1971) Biochemistry and the central nervous system, 4th Ed., 171, Churchill Livingston, Edinburgh.

3) Burrell R (1975) Immunology of occupational lung diseases. In: Occupational lung diseases, Morgan WKC and Seaton A (Eds.), 65–79, WB Saunders, Philadelphia.

For Japanese reference

4) The Japanese Orthopaedic Association (2019) The Japanese Orthopaedic Association clinical practice guideline for management of low back pain, Nanodo, Tokyo (in Japanese).

Reference for websites

References should include titles of materials/work, a uniform resource locator (URL), and date accessed.

Accessed date should edited.

5) Japan Ministry of Health, Labour and Welfare. Final Report of Monthly Labour Survey March 2006. <http://www.mhlw.go.jp/english/database/db-l/18/1803fr/mk1803re.html>. Accessed May 29, 2006.

For Japanese reference

6) Toyo Keizai Online, Why does “medical collapse” happen in Japan with many beds? <https://toyokeizai.net/articles/-/402702> (in Japanese). Accessed May 9, 2020.

インダストリアルヘルス論文スタイル

最終稿をお送りいただく前に、論文がインダストリアルヘルス誌のスタイルに沿っているか、下記事項をご確認くださいようお願いいたします。

■論文タイトル

文頭のみ大文字（固有名詞を除く）

OK) Influence on health conditions between daytime workers and shift system workers in Tokyo

NG) Influence on Health Conditions Between Daytime Workers and Shift System Workers in Tokyo

■Running Title

すべて大文字。スペースをふくめ55文字以内

右側ページのヘッダー部に編集します。

Editorial論文には不要です。

■著者名と共著者名

苗字、Family nameは大文字表記

OK) Taro YAMADA, Makoto SUZUKI, Kathy BENETTE and Anita WILSON

NG) Taro Yamada, Makoto Suzuki, Sofia Benette and Anita Willson

■著者と共著者の所属情報

所属と国名を編集してください。住所は不要です。

OK) Centre of Public Health Informatics, National institute of Public Health, Japan

NG) Centre of Public Health Informatics, National institute of Public Health, 6-21-1 Nagao, Tana-ku, Kawasaki, Japan

■Abstract

200ワード以内

Short Communicationsの場合は150ワード以内

改行は入れず、一段落で編集します。

■Key words

5から8個

キーワードの先頭は大文字で編集してください。

OK) Occupational health, Length of hospital stay, Promotion of health, Employment support

NG) Occupational health, length of hospital stay, promotion of health, employment support

NG) Occupational Health, Length of Hospital Stay, Promotion of Health, Employment Support

■Table

可能な限りWordデータでご提供ください。画像でご提供いただくとフォントや文字サイズ修正ができません。

Table 1、2、3～と命名。本文中も同様にTable 1、2、3と編集

APAフォーマットで作成 <https://apastyle.apa.org/style-grammar-guidelines/tables-figures/tables>

基本的に縦線と外枠は指定不可です。"Do not use vertical borders to separate data, and do not use borders around every cell in a table."

■Fig. テキスト情報であればWordデータ、画像の場合はjpg、tif等の形式で解像度高いものをご提供ください。

Fig. 1、Fig. 2、Fig. 3～と命名。本文中も同様にFig. 1、Fig. 2、Fig. 3と編集

OK) The detailed evidence is shown in Fig. 1.

NG) The detailed evidence is shown in Figure 1.

■ピリオド位置について

基本的にダブルクォーテーションの外側に編集していただきますようお願いいたします。

OK) "~ not like that anymore".

NG) "~ not like that anymore."

OK) ~ "around the domestic community"²⁾.

NG) ~ "around the domestic community".²⁾

■ラテン語フレーズ

イタリック表記とカンマの編集

OK) *et al.*

OK) *in-vivo*

OK) *in-vitro*

OK) *t-test*

OK) i.e.

OK) component (e.g., in-person cultural events ~

NG) component (e.g. in-person cultural events ~

■製品情報の編集

初回のみ製品名の後に下記情報編集が必要

・ 製造メーカー、都市名、県名、国名

OK) For proving this data we used YAMAHA SWX3220-16TMs (Yamaha Corporation, Hamamatsu, Shizuoka, Japan).

NG) For proving this data we used YAMAHA SWX3220-16TMs.

■References

Industrial Health誌の表記ルール沿っていないReferenceが多くみられますので特にご注意くださいますようお願いいたします。

共通

- ・ イタリック体は使用しません
- ・ Reference#が論文内ですべて設定されていること
- ・ Reference#は論文内で小さい番号から順に出現するよう論文を編集してください。
- ・ Referencesセクションに同一情報のReferenceが重複しないこと
- ・ Referenceが英語以外なら言語の明記が必要です。例 (in Japanese) (in Korean) (in German) (in Italian)
- ・ Referenceタイトルが日本語や中国語、韓国語などの非アルファベット言語なら適切に英訳します。
- ・ Referenceがアルファベット言語なら、そのまま編集で問題ありません。
- ・ *et al.* は使用不可。全著者名の記載が必要。

ジャーナル

- ・ 編集情報：著者名、発表年、論文タイトル、ジャーナル略称、巻数、ページ数。必要に応じて言語も表記
- ・ 論文タイトルは文頭ワードと固有名詞のみキャピタライゼーションし、イタリック体は使用しません。
- ・ ジャーナル「巻」は太字
- ・ ジャーナル「号」は不要
<https://www.ncbi.nlm.nih.gov/nlmcatalog/journals/> などで調べることができます。
もしくは "(ジャーナルの正式名称)" abbreviation とネット検索すると比較的簡単に見つけることができます。
- ・ ページ数は前方数字と異なる桁のみ後方数字で表記。例. 128~135ページなら 128-35と表記
- ・ ページ数間の記号はダッシュ（長い横棒）。ハイフンではありません。
- ・ DOI#は不要です。

OK) Ono-Ogasawara M, Furuse M, Matsumura Y, Yokota K (1992) Determination of diborane by adsorption sampling using modified silica gel and the chromatropic Acid-HPLC method. *Ind Health* **30**, 121-31.

NG) Ono-Ogasawara M, Furuse M, Matsumura Y, Yokota K (1992) Determination of **D**iborane by **A**dsorption **S**ampling Using **M**odified **S**ilica **G**el and the **C**hromotropic Acid-HPLC method. *Industrial Health* **30** (3), 121-131.

NG) Ono-Ogasawara M, Furuse M, Matsumura Y, Yokota K (1992) Determination of diborane by adsorption sampling using modified silica gel and the chromatropic Acid-HPLC method. *Ind Health* **30**, 121-31.

下記は日本語ジャーナル例

- OK) Suzuki M, Takata M (2020) Aleep apnea syndrome and insomnia. NEJM **12**, 63–9. (in Japanese)
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ウェブサイト

- ・編集情報：ウェブサイト名や著者名など、タイトル、URL、アクセス日
- ・アクセス日は必ず必要です。

- OK) Japan Ministry of Health, Labour and Welfare. Final Report of Monthly Labour Survey March 2006.
<http://www.mhlw.go.jp/english/database/db-l/18/1803fr/mk1803re.html>. Accessed May 29, 2006

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NG) Cabinet Secretariat. Effort against COVID-19. <https://corona.go.jp/>.

書籍

- ・編集情報：著者名や編者名など、出版年、タイトル、版数（初版以外の場合のみ）、出版社、出版場所
- ・必要な場合はページ数も指定してください。
- ・本全体を参照する場合、ページ数は不要です。

- OK) Burrell R (1975) Immunology of occupational lung diseases. In: *Occupational lung diseases*, Morgan WKC and Seaton A (Eds.), 65–79, WB Saunders, Philadelphia.
OK) Joyce E. Dains, Linda Ciofu Baumann, Pamela Scheibel (2019) *Advanced health assessment & clinical diagnosis in primary care* (6th Ed.) Mosby, Missouri.

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Sample 1

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Names of all authors cited, year of publication, title of article, abbreviated name of journal, volume number, and pages

1) Mert E, Psikyta A, Bueno MA, Rossi RM (2017) The effect of body postures on the distribution of air gap thickness and contact area. Int J Biometeorol **60**, 365–75.

Reference for books

For pages, please leave out the same digit in the latter number as the former number. OK) 365–75, NG) 365–375, OK) 65–79

References should include names of authors or editors, year of publication, title, edition (if other than first), page(s), publisher, and place of publication.

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