Instructions for Authors

1. Submission of Manuscripts
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2. Arrangement and Style of Manuscripts
Manuscripts should be double-spaced A4 size (ca. 21 cm × 29 cm) with wide margins throughout. Number all pages beginning with the title page. Manuscripts should be arranged in the following order:

Title page containing the article type (review, original, etc.); complete title of the article; names, affiliations and addresses of all authors; mailing address, telephone number, fax number and e-mail address for correspondence; and a short running title of no more than 55 characters including spaces. Use full capitalization in the author’s family name and running title. Use initial capitalization except for articles, prepositions and conjunctions in all other places.

Abstract (unstructured) should precede the text and not exceed 200 words.

Key words should be supplied as five to eight words that will adequately index the subject matter must be shown after the abstract.

Text should generally be subdivided into INTRODUCTION, SUBJECTS AND METHODS, RESULTS, DISCUSSION and REFERENCES. But variations may be acceptable if useful. Use the following units and common abbreviations: km, m, cm, mm, μm, Å, nm, kg, g, mg, μg, l (liter), ml (milliliter), μl (microliter), kV, eV, yr (year), wk (week), d (day), h (hour), min (minute), s (second), ms (millisecond), μs (microsecond), ppm (parts per million), °C (centigrade), SD (standard deviation), SE (standard error), CV (coefficient of variation), po (per os), sc (subcutaneous), ip (intrapertoneal), and iv (intravenous). In the right margin of the manuscript, indicate the approximate location where tables and figures are to be inserted.

Tables should be placed on separate pages and numbered in the order they appear in the text using Arabic numerals (e.g., Table 3). Each table should be comprehensible without reference to the text. A table title written in small letters except the first letter should be included above each table.

Figures (illustrations and photographs) should be prepared on separate pages and numbered with Arabic numerals (e.g., Fig. 3). All figure titles and legends should be typed together on a separate sheet. Artwork and photographs should be camera ready for direct photoreproduction. Color figures can be printed at the authors’ expense.

References should be cited in the manuscript by superscript Arabic numerals in right parenthesis (e.g., 1, 2 or 3) and numbered in order of citation. As exemplified below, Journal references should show names of all authors cited, year of publication, title of article, name of journal, volume number, and pages. Journal abbreviations should follow Index Medicus. Book references should include names of authors or editors, year of publication, title, edition (if other than first), page(s), publisher, and place of publication. Electronic Source Materials should indicate title of materials/work, a uniform resource locator (URL), and date accessed.


3. Ethics
Human studies should conform with the Recommendations from the Declaration of Helsinki (1983). All manuscripts describing experiments on human subjects should include a statement that informed consent was obtained from each subject and the appropriately constituted ethics committees where the work was done, approved the experiments.

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