

# Corrigendum\*

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## Effects of Computer-based Stress Management Training on Psychological Well-being and Work Performance in Japanese Employees: A Cluster Randomized Controlled Trial

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In Table 2, Mean and SD were opposite between the intervention group and the wait-list control group. In Table 3, there was a mistake in the annotation: the number of the intervention group was 142. The corrected Table 2 and Table 3 are presented below.

We apologize for any inconvenience that this may have caused.

\*Important errors made by the authors

**Table 2. Baseline characteristics by condition and intraclass correlation coefficients (ICC) of primary outcome**

Valuables	Intervention (n=142)		Wait-list control (n=121)		p value
	Mean	(SD)	Mean	(SD)	
Primary outcome					
Psychological distress	2.0	(0.48)	2.1	(0.56)	0.16
Work performance	5.8	(2.01)	5.5	(2.02)	0.30
Job satisfaction	3.0	(0.66)	2.9	(0.65)	0.10
Work engagement	3.0	(0.91)	2.7	(0.92)	0.03
Secondary outcome					
Problem-solving	3.0	(0.76)	2.8	(0.78)	0.19
Seeking social support	2.7	(0.90)	2.5	(0.85)	0.13
Changing mood	2.8	(0.98)	2.8	(0.99)	0.98
Emotional expression involving others	1.5	(0.52)	1.5	(0.49)	0.86
Avoidance and suppression	1.8	(0.67)	2.0	(0.69)	0.05
Changing point of view	2.5	(0.74)	2.4	(0.66)	0.13
Knowledge about stress management	2.8	(0.80)	3.0	(0.92)	0.07
Supervisor support	2.6	(0.59)	2.5	(0.62)	0.16
Coworker support	2.7	(0.56)	2.6	(0.58)	0.25
Covariate					
Job demands	3.0	(0.49)	3.2	(0.63)	0.08

**Table 3. Comparison of the scores between study conditions by mixed-effects models ANOVA**

	T0		T1		T2		<i>p</i> value	Between-ES <sup>†</sup>	
	Mean	(SD)	Mean	(SD)	Mean	(SD)		T1	T2
Primary outcome									
Psychological distress									
Intervention <sup>‡</sup>	2.0	(0.48)	1.9	(0.45)	2.0	(0.45)	0.991	0.16	0.14
Wait-list control <sup>§</sup>	2.1	(0.56)	2.0	(0.55)	2.0	(0.55)			
Work performance									
Intervention	5.8	(2.01)	5.8	(1.93)	5.9	(1.75)	0.468	0.24	0.20
Wait-list control	5.5	(2.02)	5.4	(1.82)	5.5	(1.91)			
Job satisfaction									
Intervention	3.0	(0.66)	3.1	(0.60)	3.0	(0.57)	0.356	0.35	0.29
Wait-list control	2.9	(0.65)	2.8	(0.64)	2.8	(0.65)			
Work engagement									
Intervention	3.0	(0.91)	2.9	(0.91)	3.0	(0.99)	0.182	0.12	0.19
Wait-list control	2.7	(0.92)	2.8	(0.94)	2.8	(0.94)			
Secondary outcome									
Problem-solving									
Intervention	3.0	(0.76)	3.1	(0.75)	3.1	(0.71)	0.255	0.31	0.37
Wait-list control	2.8	(0.78)	2.9	(0.71)	2.8	(0.82)			
Seeking social support									
Intervention	2.7	(0.90)	2.9	(0.84)	2.9	(0.80)	0.413	0.33	0.37
Wait-list control	2.5	(0.85)	2.6	(0.81)	2.6	(0.86)			
Changing mood									
Intervention	2.8	(0.98)	2.6	(0.98)	2.7	(0.91)	0.521	0.13	0.02
Wait-list control	2.8	(0.99)	2.7	(0.98)	2.7	(0.99)			
Emotional expression involving others									
Intervention	1.5	(0.52)	1.6	(0.59)	1.6	(0.58)	0.696	0.05	0.09
Wait-list control	1.5	(0.49)	1.6	(0.51)	1.6	(0.58)			
Avoidance and suppression									
Intervention	1.8	(0.67)	1.8	(0.69)	1.8	(0.69)	0.104	0.18	0.46
Wait-list control	2.0	(0.69)	2.0	(0.72)	2.1	(0.79)			
Changing a point of view									
Intervention	2.5	(0.74)	2.5	(0.62)	2.6	(0.72)	0.891	0.19	0.26
Wait-list control	2.4	(0.66)	2.4	(0.65)	2.4	(0.65)			
Knowledge about stress management									
Intervention	2.8	(0.80)	3.2	(0.88)	3.0	(0.88)	0.003	0.19	0.19
Wait-list control	3.0	(0.92)	3.0	(0.84)	2.8	(0.81)			
Supervisor support									
Intervention	2.6	(0.59)	2.7	(0.55)	2.7	(0.61)	0.546	0.23	0.26
Wait-list control	2.5	(0.62)	2.5	(0.60)	2.5	(0.61)			
Coworker support									
Intervention	2.7	(0.56)	2.7	(0.52)	2.7	(0.58)	0.562	0.17	0.29
Wait-list control	2.6	(0.58)	2.6	(0.54)	2.6	(0.54)			

Means and standard deviation (SD) are reported for each primary and secondary outcome at baseline (T0), 9 (T1) and 19 (T2) weeks of follow-up. *p*-values are based on mixed-model repeated measures ANOVA. Job demands were adjusted for in the model. <sup>†</sup>Cohen's *d*: Small effect 0.20–0.49, medium effect 0.50–0.79, large effect >0.80<sup>10)</sup>. <sup>‡</sup>Intervention group (n=142) <sup>§</sup>Wait-list control group (n=121).